The Baltimore Station adds CARF accredited outpatient programming

By: Daily Record Staff ⏱ February 21, 2019

The Baltimore Station, a residential treatment program supporting veterans and others transitioning from homelessness and substance use to self-sufficiency, launched an intensive outpatient program that will expand the organization's reach and allow it to provide therapeutic relapse prevention services to those recovering from substance use disorder.

The outpatient program, which also includes counseling services, is open to not only alumni from The Baltimore Station but individuals from the community who are at least 18 years of age and in recovery from substance use disorder. Individuals will receive 12 hours of treatment services a week that includes individual wellness plans, case management and group therapy sessions covering a variety of issues including relapse prevention, healthy relationships, co-occurring disorders and issues in recovery.

CARF (Commission on Accreditation of Rehabilitation Facilities) International recently accredited The Baltimore Station's intensive outpatient program for a period of three years. By earning the distinction of CARF accreditation – the highest level of accreditation that can be given to an organization – The Baltimore Station has demonstrated its commitment and full compliance to offering programs and services that are measurable, accountable and of the highest quality. The organization was notified shortly after the CARF surveyors visited the facilities and conducted a rigorous peer review.

With the CARF accreditation for its intensive outpatient program, The Baltimore Station can continue to serve the state of Maryland as a licensed provider of specialized addiction treatment, long-term therapeutic programming and outpatient care services.